B.Tech. (Full Time) - Personality Development

Curriculum & Syllabus

2015 – 2016

FACULTY OF ENGINEERING AND TECHNOLOGY

SRM UNIVERSITY

SRM NAGAR, KATTANKULATHUR – 603 203

CURRICULUM– 2013

(Effective from Academic Year 2013-2014)
SEMESTER I

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Prerequisite
Nil

PURPOSE
To enhance holistic development of students and improve their employability skills.

INSTRUCTIONAL OBJECTIVES
1. To develop interpersonal skills and be an effective goal oriented team player.
2. To develop professionals with idealistic, practical and moral values.
3. To develop communication and problem solving skills.
4. To re-engineer attitude and understand its influence on behavior.

UNIT I - SELF ANALYSIS (4 hours)
SWOT Analysis, Who am I, Attributes, Importance of Self Confidence, Self Esteem.

UNIT II - CREATIVITY (8 hours)
Out of box thinking, Lateral Thinking.

UNIT III - ATTITUDE (6 hours)
Factors influencing Attitude, Challenges and lessons from Attitude, Etiquette.

UNIT IV - MOTIVATION (4 hours)
Factors of motivation, Self talk, Intrinsic & Extrinsic Motivators.

UNIT V - GOAL SETTING (8 hours)
Wish List, SMART Goals, Blue print for success, Short Term, Long Term, Life Time Goals.

Time Management
Value of time, Diagnosing Time Management, Weekly Planner To do list, Prioritizing work.
Extempore

ASSESSMENT
1. A practical and activity oriented course which has continuous assessment for 75 marks based on class room interaction, activities etc.
2. Extempore – 25 marks

TEXT BOOK:
SOFT SKILLS, 2015, Career Development Centre, Green Pearl Publications.

REFERENCE
3. Thomas A Harris, *I am ok, You are ok*, New York-Harper and Row, 1972
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SEMESTER II

15PD102  SOFT SKILLS-II

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2. To develop professionals with idealistic, practical and moral values.
3. To develop communication and problem solving skills.
4. To re-engineer attitude and understand its influence on behavior.

UNIT I - INTERPERSONAL SKILLS (10 hours)
Gratitude
Understanding the relationship between Leadership Networking & Team work. Assessing Interpersonal Skills Situation description of Interpersonal Skill.
Team Work: Necessity of Team Work Personally, Socially and Educationally

UNIT II - LEADERSHIP (4 hours)
Skills for a good Leader, Assessment of Leadership Skills

UNIT III - STRESS MANAGEMENT (8 hours)
Causes of Stress and its impact, how to manage & distress, Circle of control, Stress Busters.
Emotional Intelligence
What is Emotional Intelligence, emotional quotient why Emotional Intelligence matters, Emotion Scales. Managing Emotions.

UNIT IV - CONFLICT RESOLUTION (4 hours)
Conflicts in Human Relations – Reasons Case Studies, Approaches to conflict resolution.

UNIT V - DECISION MAKING (4 hours)
Technical Topic Presentation

ASSESSMENT
1. A practical and activity oriented course which has a continuous assessment for 75 marks based on class room interaction, activities etc.,
2. Technical Topic Presentation - 25 marks

TEXT BOOK:
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